



# Summer Biathlon Laser Series.

(Combination of roller skiing or running with Laser Target shooting.)

**Event dates:** Sunday 16<sup>th</sup> February. Individual Time Trial & Teams event.  
Sunday 16<sup>th</sup> March. Individual Time Trial & Mass Start.  
Sunday 30<sup>th</sup> March Individual Time Trial & Relay.

**Where:** METEC Driver Training Centre  
112 Colchester Rd, Bayswater North VIC 3153

**Time:** 9am-12noon  
8.45-9am - registration  
9 - 9.45am - equipment familiarisation at the range area  
9.45-10am - course familiarisation  
Events begin at 10am.

**Cost :** \$15 per session if pre-registered by Wednesday evening 8pm prior to event.

**Background:** Biathlon is a Winter Olympic sport combining Cross country Skiing and .22 target shooting. Summer Laser Biathlon involves no snow but running, rollerskiing or biking and using the Laser Target system instead of firearms & bullets. The events will require the participants to run or rollerski/skike over a given distance and then stop at the Laser Range, try to hit as many Laser Targets as possible of the 5 and continue on the course. Different courses are set for varying ages and abilities. The aim being to cover the course in the shortest time and hit as many targets as possible.

**Equipment:** The Laser system is provided by the AVBA. Participants will need to bring their own rollerskis/skikes or organise boots from Eastern Mountain Centre in Balwyn who have Salomon SNS XC boots available for hire. Mention or take in this flyer for a special \$ rate for the Laser Biathlon Summer Series. AVBA will have some Salomon SNS system rollerskis available for use on these days.

**Remember to bring along a Helmet as they are a must** while rollerskiing/skiking and other padding such as knee and elbow pads are highly recommended.

**Prizes:** End of Series awards will be presented for various categories;

- Most improved Male & Female in Junior and Senior groups
- Best Parent participation
- Special Encouragement Awards

**Contact & Registration:**

**Michael Lillycrapp**

**Mobile: 0407528004**

*Footnote: Watch the "Real Thing" live during the Winter Olympics in Feb 2014*

